

Camp Durant Triathlon

- ♣ Competitors will be broken up into different age groups
 - Under 13
 - 14-17
 - Adults
- ♣ Anyone competing should check in with the waterfront staff prior to 4:00 PM on Friday.
- ♣ The race will begin promptly at 4:00 PM.
- ♣ Competitors will swim one lap at the Waterfront.
- ♣ After checking out and hanging up their buddy tag, they will go to the Sports Center.
- ♣ They will check-in with the Sports Staff and ride a bike, using a bike helmet, around the new loop of campsites (following the signs and cones).
- ♣ After biking one lap, they will drop off their bike and helmet at the Sports Center and then run the new loop of campsites (following the signs and cones) finishing at the Sports Center.

- ♣ *Once Scouts check out of the Waterfront, they must put on shoes & socks in order to complete the biking and running part of the Triathlon.*
- ♣ *Water will be provided at the Sports Center.*
- ♣ *Any Scouts taking short cuts (biking or running off the main roads) will be immediately disqualified.*

